

ENEWS ~ At A Glance

December 2008

Happy Holidays!



I can't believe it is December already. Throughout the year, there were days that I thought lasted "forever." But now, as we come to the last month of 2008, I can't help but wonder, *"Where did the time go?"*

December, to me, is synonymous with the word "lists." I jot down notes throughout the year, but this month, I actually make bonified lists. I have 3 lists for my children, full of ideas of what to put for each of them under the Christmas tree. There are my lists for my relatives & friends, so that I don't leave anyone out. I have my list for food for Christmas Eve dinner, that my family eats by candlelight. Then there is my all encompassing list of notes, ideas, plans & "don't forget" items that I make, just to keep me from totally losing it, while I am bouncing from one task to another.

As 2008 comes to an end, I wish for you all - the warmth of a home, the love of family & friends, & the contentment of a grateful heart.

**Have A Holiday Season
Full Of Blessings!**

~ amber

CONSTITUTION OF THE MONTH

Mercury

"A Fascinating Type"

The Mercury personality is probably the most difficult of all the constitutions to figure out. This constitution is very changeable & contradictory. Mercury is believed to be part divine & part man.

In Astrology, Mercury is the messenger of the Gods. His father is Zeus & his mother is a "lowly earth nymph." Mercury was used to carry messages back & forth between the Olympian gods & the mortals below.

Because of his dynamic origin, Mercury individuals are often described as having one foot in the "world of dreams" & one foot in the "real world." Mercury individuals alternate between perceptive intuition & cold, hard logic. They oscillate between the polar opposites of: extrovert/introvert, optimist/pessimist, idealist/pragmatist, & opportunist/moralist.





NEUTRALITY MAY BE SIMPLE, BUT NOT ALWAYS EASY!

The Mercury individual will often choose the course of neutrality, basically choosing not to “stand up” for anything. This is often very confusing to him because at times, it is almost like the Mercury individual doesn’t know who he is or what he thinks. He is very impressionable & has no fixed personality. Unfortunately, the Mercury often feels empty.

On A Positive Side...

A healthy Mercury has many positive attributes. A few of these are:

- * Very Adaptable
- * Mental Brightness & Curiosity
- * Acute Perception
- * Flexible Nature
- * Intuitive
- * Mind Works Very Fast
- * Verbal & Visually Creative



Like all constitutions, Mercury has some less-than-desireable traits, too.

On a Not-So-Positive Side...



- * Extremely Impressionable, Flighty, Unreliable
- * Instability
- * Judgmental
- * Opinionated - “Black & White” View Of Life
- * Hasty In Making Judgments
- * Quirky & Unpredictable
- * Childishly Silly
- * Generally - Amoral

The bottom line is the Mercury individual has a choice. This choice is between “good & evil” - being an “angel or a demon.”

The Many Faces Of Mercury...

- * The Puer Aeternis ~ Narcissism
- * The Fool ~ Playful
- * The Trickster ~ Joker



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The Puer Aeternis ~ Narcissism

The term “Puer Aeternis” is a word used by psychologists referring to “eternal youth.” This Mercury individual never grows up & was very spoiled as a child. Another term to describe this man (*because most Mercurys are male*) is “Mama’s Boy.”



This type of Mercury individual is used to getting his own way & will either use charm or throw a tantrum in order to continue getting what he wants. It doesn't matter who he hurts in the process.

Easily bored by people, the Puer Aeternis type Mercury is fascinated by gadgets. He is often described as the “human barometer” as he is very sensitive to hot & cold.

The Fool ~ Playful

This type of Mercury individual, “sees all but says nothing” until asked. His answer will be straight & to the point, sometimes lacking “tact.” A Mercury of this type is often detached from the rest of the world & it is almost as if he lacks personality. This is often the cause of others classifying him as “The Fool.” Truth be known, he is quite observant, often seeing what others don't see or can't see.

The Mercury fool is an ironic fellow because although it first appears that he doesn't like anyone, deep down, he desperately wants to make friends. He is very willing to talk to anyone. The problem is, he doesn't like small-talk or what he deems as “trivial” conversation.

He is mischievous but not malicious. In fact, many comedians are this type of constitution. They have the ability to “unmask” behaviors & attitudes that we all have seen 1000's of times, in a humorous way. Sometimes they are deemed as “motor mouths.” One excellent example of this type of Mercury is the very famous actor - Jim Carrey.

The Mercury “Fool” is spontaneous, confident, & lives entirely in the present. Unfortunately, on the flip side, he doesn't like to plan & never seems to learn from past mistakes.

The Trickster ~ Joker

Watch out because “The Trickster” is out to get us! This type of Mercury is the “devil in disguise.” He is cunning, self-serving, & deceitful in every way. This Mercury individual is the teller of “white lies,” the expert at “doubletalk.”

The Joker will be given away by the “detached” yet “devilish” glint in his eyes. He is a skilled manipulator & may deceive by simply remaining silent.

This constitution is negative by nature, but can combat this dark side with repetitive positive affirmations.

Overall, the Mercury constitution functions more on an intellectual level versus an emotional level. He can & does experience emotion, but in intense episodes that are often short-lived. The Mercury individual will likely prefer science fiction, often finds himself bored with life, & has the uncanny ability to “mirror” people.



The Mercury mind is drawn to rituals & magic. He “sees” the symbolism in all things & almost automatically attaches meaning. Taking part in rituals helps him to “hold on” to some kind of psychic structure. To some, it may seem “hokey-pokey,” but for the Mercury individual it is a way for him to connect life events.

Interestingly, many Mercury constitutions are fascinated by dictators. Maybe this stems from the Mercury trait of feeling like they are “special” in some way - destined for greatness. Confident Mercurys are excellent delegators & often think they are “invincible.” In fact, Napoleon’s constitution was probably Mercury, & probably Saddam Hussein, too.



Dictators, like many Mercurys can be “theatrical.” Many can appear to be charming, boyish, & love the thrill of “illusion.” For example, Saddam used to surround himself with look-alikes, partly for protection & partly for vanity.

However, the “dark side” is that when a dictator doesn’t get his own way - he kills. Mercury is already detached & “cutting” people out of his life comes almost too easily for him. He is able to “justify” his actions that to most seem outrageous & intolerable. It’s almost as if the Mercury (unhealthy, that is) has a switch for his emotions that he can easily turn on & off at his whim.



As stated before, the Mercury individual is generally male. The females that are this constitution have an “androgynous” appearance. Their face is angular & the eyes are penetrating. The eyebrows are usually strong & straight. A Mercury individual often has thin, dark, straight hair that usually appears unruly. They have a youthful appearance with a slight build, unless of course they gain weight due to over-indulgence.

In Conclusion...

Again, it is important to note that the Mercury constitution is very diversified. On one hand, he can be child-like & innocent. On the other hand, he can be evil & vindictive. He is an unstable character, quickly changing his mind & his mood.

The Mercury individual loves change, hates routine, & loves the “anonymity” of city life. Like a chameleon, he has the uncanny ability to reflect & adapt to almost any environment.

As a healthy Mercury, he is often mistaken as some other constitution.

Fascinating, unpredictable, & totally in love with themselves, Mercury individuals are a power to be reckoned with if you happen to know one in your life!

