



Happy 2010!

Yikes! I can't believe that another year has come & gone. Before Christmas, my daughter asked me why time went so slow! I told her that as a person gets older, time seems to go by much quicker! Abby was anxiously awaiting Christmas Eve & Winter Break from school. At the ripe ol' age of 10, my daughter knows the wonderful feeling of sleeping in on a cold Iowa morning & staying in comfy pjs all day!

Last year, I resolved to make my life simpler in 2009. If simplifying means forgetting what I need to get at the grocery store, my passwords to log on computer accounts, my thoughts as I move from one room to the next, or even my children's names - then I succeeded 110%! I have found that when I can't remember things - life does become rather simple!

This year, I am not going to resolve to have a simpler life. I have decided that with work, kids, a hubby, & pets - a simple life just isn't possible at the moment. However, what I do resolve for 2010 is to be more grateful & content. I want to focus on the mantra "wanting what I have, instead of having what I (think) I want." Happy New Year!

~ amber

Understanding Miasms

MIASM: a noxious influence. "Miasm" as defined by Hahnemann is the infectious principle, or virus, which, when taken into the organism, may set up a specific disease. Miasms may be inherited, acquired, or acute.

~ Yasgur's Homeopathic Dictionary & Holistic Health Reference

Hahnemann described three basic miasms: psora, syphilitic, & sycosis. He believed that these three miasms were the underlying causes of chronic disease. Hahnemann's theory on miasms has been the source of much debate & confusion in the world of alternative medicine.



Some believe that pathological conditions are a result of a specific miasm. While others believe that any pathological change can be a result of any of the three miasms. Furthermore, it appears that many diseases are a combination of the three different miasms, & not just the result of one miasm alone.

There are some homeopaths that ignore the concept of the miasmatic theory all together, & other homeopaths try & "clear" all the miasms at once! Both approaches fail the patient in one way or another.

The one concept that can be agreed upon by most all practicing homeopaths is that a "complete cure" will take a long time. There exists layers of predisposition & with each layer comes new "symptoms." A reputable homeopath will prescribe a remedy(ies) for those particular symptoms at the forefront, while knowing that his job is not done once those symptoms are alleviated. He will pay close attention to the next layer & the new symptoms which have surfaced, in order to continue down the right track to optimal health. The experienced homeopath knows that it could take years to get to the core of the problem, & require a few carefully chosen remedies.

Miasm: A miasm is a predisposition toward chronic disease underlying the acute manifestations of illness

- A. Which is transmissible from generation to generation**
- B. Which may respond beneficially to the corresponding nosode prepared from either pathological tissue or from the appropriate drug or vaccine**

~ The Science Of Homeopathy

PSORIC Miasm

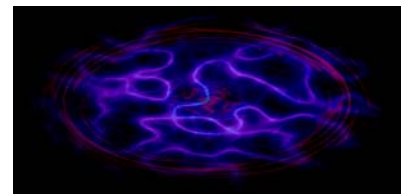
Hahnemann considered the Psoric miasm the earliest miasm affecting the human race. Psoric is derived from the Greek word “psora” meaning “itch.” The Psoric miasm is considered the most fundamental underlying layer of weakness. It is said to be the cause of virtually all physical ailments & the severe mental ailments.

SYPHILITIC Miasm

According to Hahnemann, the Syphilitic miasm is acquired by a person, after being exposed, or inheriting the disease syphilis. The Syphilitic miasm is responsible for a wide-range of disorders.

SYCOSIS Miasm

The Sycosis miasm comes from the Greek word “syc” meaning “fig.” This miasm is said to have arisen out of gonorrhea, passed on through physical contact &/or from one generation to the next. It should be noted that the Sycosis miasm does not arise from the gonococcus bacteria itself, but from a negative change of energy on the “dynamic plane.” The dynamic plane is where both illness & the body’s defense mechanism originate. (*Homeopathic theory states that disease occurs when the body’s energy levels are imbalanced.*) Furthermore, not everyone who acquires the STD gonorrhea necessarily progresses into the Sycosis miasm.



TUBERCULOSIS Miasm

This is in addition to the three basic miasms Hahnemann described. The Tuberculosis miasm is thought to be a combination of the Psora miasm & the Syphilis miasm.

PREDISPOSITION:

Medicine - tendency to develop disease: a susceptibility to a disease arising from hereditary or other factor

As stated earlier, & as Hahnemann taught, homeopathic treatment must be continued until all the layers of predisposition have been removed. The homeopath must practice a high level of discernment, & be careful not to choose remedies based merely on the patient’s history. Choosing the wrong remedy may disrupt the healing process.

Besides choosing an inappropriate remedy, other factors may jeopardize the healing process, too. Hereditary plays a role in how strong &/or how weak the defense system is in a person. As well as, what type of drugs (legal &/or illegal) that person has subjected his body to, & which vaccinations he or she has been given. Vaccinations & drugs can weaken the defense mechanism just long enough to predispose the individual to any type of chronic disease. Plus, which infectious diseases he or she may have encountered will also influence a person’s constitution. All of these factors tend to add to the layers of predisposition & tend to weaken the person as a whole.

Depending on how many layers need to be “peeled” back, will determine how much time is needed for a person to heal. Some cases take 20 years or more of careful homeopathic selecting & patient monitoring.

Simply put, miasms are predispositions to chronic disease. Miasms are transmissible from generation to generation. The number of existing miasms is increasing due to the number of suppressive therapies increasing in today’s world. Suppressive therapies meaning new drugs & vaccines.

Deep miasmatic cases can be a trying time for both the homeopath & the patient. Progress is usually determined by only subtle changes & minor symptoms. It will take an experienced, patient, & skilled homeopath to work with a deep miasmatic case. More importantly, it will take a dedicated patient who is willing to stick to the path chosen, & not let himself become impatient &/or discouraged.

Aggravation, from the initial homeopathic remedy may occur, causing the original symptoms to become worse. In fact, if the aggravation is a skin eruption, the patient should expect it to be intense & only the beginning of what is to come. Time-wise, look for an aggravation to occur between day twenty & a three month period. This time is tough on the patient & a test of what he is willing to endure.



Besides skin eruptions, the patient may develop muscle tenderness & soreness, joint pain, headaches, &/or digestive disturbances. He may feel as if he has simply traded one set of symptoms in for another. However, this reaction should be looked at in that the homeopath & the patient are headed in the right direction.

In some difficult cases, two to three remedies may be needed & in fairly quick succession, depending on the symptoms. Hasty choices will ultimately prolong the progress, by adding not just days, but months to the schedule.

A qualified homeopath also knows that although cases may have similarities in symptoms, it is of utmost importance to treat each patient as an individual. The homeopath knows that the deepest individual disease is genetic & congenital. He understands that the patient has inherited weaknesses & predispositions from his ancestors. Plus, the homeopath knows that early childhood diseases & conditions are internalized by the individual & have probably been suppressed by allopathic medicines.

A WORD OF CAUTION...

The experienced homeopath also knows that sometimes full recovery isn't possible, or even best for the patient. Life is about balance. A disorder may be necessary for the survival of the patient. If the patient is unable to adjust/cope with the ramifications of the remedy, the patient may be pushed "over the edge." Furthermore, remedies considered for the "mental picture" may cause debilitating physical aggravations.

"People who are exposed to avoidable harmfulness with food or drinks of all kinds undermine their health. They starve themselves by living in an unhealthy environment & suffer from lack of movement or fresh air, exerting their body & mind. They also hurt themselves with quarrels & emotional stress. These self inflicted illnesses disappear if there is no chronic miasms hidden in the body & can be resolved by specific remedy & improved lifestyle."

"True chronic illnesses are those which come from chronic miasm & if not cured will stay with the patient to the end of his life even if they follow good healthy habits. The most ordered lifestyle & the busiest energy of the vital force are not able to overcome it."

~ The Lesser Writings Of Samuel Hahnemann



Bill's Back Page

"My Page ~ My Domain"

Save **10%** On Our
Miasm Products
Throughout The Month
Of January!

NC260

Carcinosin Miasm

*Support Of The Immune System & A Body With A
Tendency Towards Tumors, Cysts, & Unwanted Growths*

NC261

Psorinum Miasm

Support Of The System With A Tendency Towards Skin Disorders

NC272

Sycosis Miasm

*Support Of The System When Infected With A Bacterial Infection Of the Mucous Membranes
Of The Genital & Urinary Tracts - Causing Discharge & Painful/Difficult Urination*

NC263

Syphilitic Miasm

*Support Of The System When Infected With A Bacterial Infection Of The
Genitals, Brain, Skin & Nervous Tissue Causing Ulcerous Skin Eruptions*

NC264

Tuberculinum Miasm

*Support Of The System With A Tendency
Towards Lung Disorders & Bone Disorders*

NC265

Vaccinum Miasm

*Support Of The System With A Tendency
Towards Vaccine-Induced Disorders*