

ENEWS ~ At A Glance



Happy July!

As I researched this month's constitution, my 3rd child - Max, came to mind. Max is adopted from South Korea & came home to us at 6 months of age. Throughout the first year in our home, Max rarely made a sound. He was the kid that liked to be in the "mix of things" but in a "quiet" way.

Fast forward to today - Max at age 4. This kid talks from sun up to sun down ~ seriously. Max always has something to say, whether or not the conversation you happen to be having, concerns him or not. Furthermore, if you only "pretend to listen to him" or if you don't give him your full-undivided attention, Max will repeat his story over, & over, & over & over... Plus, as Max talks, Max's voice becomes louder, & louder, & louder...



The only time Max isn't talking.

As I was researching this month's Constitution, I often thought of my youngest child. Some of the "keynotes" scare me but just because it is in writing, doesn't mean it is true - right?! Max is not a true 100% Medorrhinum, but I don't think any one of us are a single Constitution. We are all a combination, with one Constitution playing a more dominant role.

Max is as determined as he is fun-loving. He is persistent, independent, but can be my most lovable child. Out of all 3 of my children, he is the only one that requires a kiss before going to bed! My husband affectionately calls our boy, "Mad Max." I think that nickname says it all!

~ amber

CONSTITUTION OF THE MONTH

Medorrhinum

"The Passionate Adventurer"



The Medorrhinum Constitution is a fascinating & often missed constitutional type. This Constitution fluctuates back & forth between introverted to extroverted, kind to cruel, & intellectual to highly emotional. These individuals have an enormous appetite for life, embracing each & every experience. A Medorrhinum is an enthusiastic adventurer that is open & optimistic about his future. He is so willing to learn about new & different things that the unknown is not at all scary to him!

Physical Appearance

The facial features of a Medorrhinum Constitution are angular, not rounded. A broad face reflects "open temperament." The Medorrhinum face is usually pear shaped with a straight nose. The straight nose reflects, "strong intellect."

The lips are full, eyelashes are long, which reflects both sensitivity & sensuality. The complexion tends to be dark, but can be reddish or blonde, too. The hair tends to be thick & curly. Both men & women tend to have lots of body hair & are generally well-proportioned.

One interesting feature of a Medorrhinum is that many will have that far-away, dreamy look in their eyes. This characteristic denotes the tendency to daydream & the ability to feel ecstasy.

The Medorrhinum Child

Three words that definitely could be used to describe a Medorrhinum child are: adventurous, precocious, & fearless. The Medorrhinum child will be particularly good at verbal skill & will not be afraid to talk to strangers.

This is the child that is constantly asking “why.” In fact, every new situation &/or environment is a chance for this child to explore, which he does with enthusiastic energy. In fact, there will be times that the Medorrhinum child will intentionally disobey his parents because that need to “test the waters” is so much apart of who he is as a person. However, once caught, the Medorrhinum child will either dazzle his parents with what he learned or “logically” justify why he defied them. The parents will fall for his charming capabilities, & many times the punishment will be forgotten.



The Medorrhinum child is full of boundless energy. Even in simple conversation, you will notice that as he talks, his voice becomes louder, & louder, & louder. This comes from his innate enthusiasm for life & his determination to be heard!

Some Medorrhinum children do have a slightly cruel streak when it comes to animals. This issue never progresses more than perhaps the burning of a worm with a magnifying glass, & it rarely is directed towards other children. Furthermore, this “power-driven” action usually goes away by the time the child becomes an adult.

Another area that stands out when a Medorrhinum child is young, is his interest in sex. As toddlers, he is fascinated not only by his own “parts,” but those of other children, too. It should be noted that this curiosity regarding his own body & his friends is 110% innocent in nature.



Medorrhinum girls have that ability to flirt, even at the young age of 3-4 years. The flirting isn't shy or coy, but more of an “enjoyment of life” flirting, &/or a confident flirting. There is no game, no manipulative behavior behind her actions.

As the Medorrhinum grows into a teenager, his sex drive grows too. He falls in lust & in love ~ equally! During this time in his life, he also falls in love with himself, never missing an opportunity to look at himself in a mirror, window, somebody's sunglasses... This is equally true for Medorrhinums that are female, too.

The Medorrhinum Adult

The Medorrhinum child grows up to become an adult that is still passionate & adventurous, but can also be described as down-to-earth, too. He will often be described as a “well-rounded or all-rounded” individual.

Even though he was reckless as a child, he matures quite rapidly into adulthood. The Medorrhinum adult is hard to identify because there is usually no excessive/deficient trait that seems to stand out, like in other Constitutional types. He is open & enthusiastic, but yet maintains self-control & objectivity. This adult has probably experienced a lot in life, but just takes it all in stride.

There are just as many women Medorrhinums, as there are men. Women are intellectually confident & objective without losing their “womanly” ways. Men are “manly” men, but are not afraid to show their sensitive side.

Medorrhinum's Characteristics

- * Enjoy Socializing
- * Make Great Mediators
- * Don't Tolerate Arrogance
- * Intuitive & Imaginative
- * Genuine Clairvoyant Insights
- * Daydreamers
- * Under Stress - Become "Spacey"
- * Fear Becoming Insane
- * Sensitive To Drugs & Alcohol
- * Common Fear - Someone Is Behind Him In The Dark
- * Common Fear Amongst Women - Fear Of Deep Water
- * Prefers "Hand's -On" Activities
- * Optimist
- * Sometimes Can Be Scatterbrained Or Unfocused
- * Tends To Always Be In A Hurry
- * Lives In The Present & Future



Medorrhinum's Keynotes

- * Trembling All Over
- * Modalities: Better At The Seashore
- * Modalities: Better Lying On Stomach
- * Modalities: Worse From Sunrise To Sunset
- * Mind: Time Passes Too Slowly
- * Mind: Feels Life Unreal - Everything Seems Unreal
- * Mind: Hurried & Anxious
- * Mind: High Sex Drive
- * Eyes: Feels As If She Stared At Everything
- * Female: Menses Offensive
- * Food: Craving For Ice
- * Food: Craving For Oranges
- * Kidneys: Nocturnal Bedwetting
- * Limbs: Burning Of Hands & Feet
- * Limbs: Cannot Keep Them Still
- * Limbs: Heels & Balls Of Feet Tender - Soreness Of Soles
- * Nose: Nasal Catarrh
- * Skin: Itching





Bill's Back Page

"My Page ~ My Domain"

NC671

Vitamin D3 ~ 5000 iu

60 Capsules

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving		%DV
Vitamin D3	5000 iu	250%
<i>(as Cholecalciferol)</i>		

Suggested Dosage: For adults as a dietary supplement, take 1 capsule daily or as directed by a health care professional.

Vitamin D helps the body to absorb calcium from the stomach & also aids in the proper utilization of zinc, magnesium & phosphorus.

PN001

Selenomethionine

90 Capsules

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving		%DV
Selenium	200 mcg	286%
<i>(as selenomethionine)</i>		

Suggested Dosage: For adults as a dietary supplement, take 1 capsule daily or as directed by a health care professional.

Selenium is a trace mineral that acts as a antioxidant & supports a healthy immune system, cardiovascular system & the thyroid gland.