



Happy December!

~ amber

Oriental Diagnosis continued...

In Oriental Diagnosis, the eye provides approximately 60% of the information received about a person's current condition. The eye is connected to the brain via the optic nerve. Therefore, the eye is the first indicator regarding the condition of the brain & the nervous system.

If brain cells are not receiving enough oxygen, this will be revealed in the eyes. After all, the eyes are more sensitive to oxygen depletion than anywhere else on the body. Recall that time you were in a classroom & bored to tears! Your breathing rate slows, oxygen intake decreases, & your eyes begin to feel heavy & you just can't seem to keep them open! But amazingly, you know that if you weren't sitting right there at that particular moment in time, you know deep down that you aren't sleepy, that you would have energy, & that you would be able to keep your eyes open! This chain reaction even occurred because brain cells need 30 times more oxygen than other cells in your body & the eye requires 8 times more oxygen. Therefore, when oxygen intake is depleted or slowed (*in the above example due to slowed breathing*), the brain will feel it first, followed quickly by the eyes!



Of course, Oriental Diagnosis suggests that the shape of the eyes is of significance, too. Large, round eyes indicate a Ying Constitution. She is sensitive, emotional & intuitive. Many artists, such as writers & painters, have this noted feature. She does not handle stress well & although can be classified as a "visionary," she definitely is not detail-orientated.



If she has small eyes, you automatically can assume that she is able to see & appreciate detail. Do you know an accountant or a bookkeeper? Next time you see her, make a mental note to notice the shape of her eyes. Expect her to always ask the “down-to-earth” questions, seek a step-by-step plan on how the big picture is supposed to be carried out, & expect her life, on a whole, to be buried in detail.

What about if she has a mixture of the two? Small eyes that are also round in shape? Immediately think “music.” She has a strong Yang nervous system & possesses an artistic talent that leads towards music. Small, round eyes reveal strong finger dexterity & a mind that thrives on the challenge of learning the language of music.



Next, observe how the eyes are placed on the head. Are the eyes slanted upwards or downwards? Or perhaps, the eyes set level on the face.

If the eyes are sloped downward to the nose, this positioning indicates a strong ambition. If the slant is great, the ambition is even stronger! However, an extreme slant can also indicate that she tends to have a greedy nature!

Eyes that slant upward from the edge of the face to the bridge of the nose reveal a gentle woman. She is totally content with life, don't like change or to be rushed, & will always choose the path of least resistance. You will often hear her say that she is the first to run from conflict or any other type of trouble, if at all possible!

Level eyes that sit straight across from each other indicate that you are dealing with a very balanced individual. She has equal portions of ambition & sensitivity, which in turn, makes her a good negotiator. Diplomatic skills is her strong suit!

Not only does the positioning of the eyes on the face indicate physical traits, but also how the eye sits in the eye socket. If a lot of the white of the eye is showing, then her nervous system is seriously imbalanced. She is weak on all levels - her intuition, her ability to assess people, &/or her environment.

White showing below the iris, also known as Ying Sanpaku, indicates a possible drug addict. This feature also indicates that she will possibly encounter danger from the outside. In fact, she tends to place herself in dangerous situations. This is also a telling sign that there is possibly an excessive intake of Ying Substances, such as: refined sugar, grains, alcohol, & medical drugs.

White showing above the iris, also known as Yang Sanpaku, reveals a dangerous & violent character. Filled with rage, she is likely a threat to herself & to those around her. She is also self-centered & focused on filling her own ambitions, no matter the cost to her or those around her. Charles Manson is a very good example of Yang Sanpaku. As far as diet, Yang Sanpaku eyes indicated an excessive intake of meat, salt & hard cheeses.

Of course, an iris touching both the upper & lower lids equally indicate a person who is “balanced.” She makes sound judgments, lives a balanced lifestyle, that extends into her dietary habits, eating lots of whole grains & fresh vegetables.

Once in awhile, you will come across someone who can aptly be described as having “London-Paris” eyes. The eyes appear to look in opposite directions, one towards the direction of London, the other towards Paris. This is a huge indication that she has a serious Ying Imbalance in her nervous system. She is probably consuming too many liquids, sugars, alcohol, &/or drugs & will more than likely develop disorders of the nervous system. Having “London-Paris” eyes also suggests that she is accident-prone & terrible indecision making.



Another indication of a nervous system problem is when you see someone whose eyes cross, even when she is in a relaxed state. This attribute also suggests that she may have problems with her heart & liver.

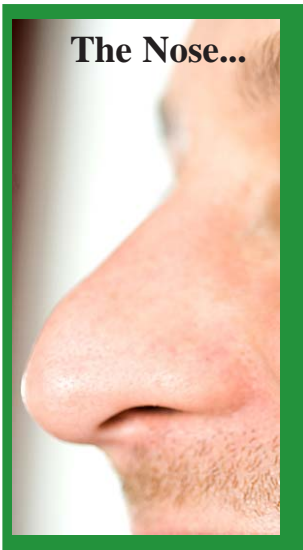
Too much Yang food & deep psychological conflict may also cause this occurrence. She feels the that two-sides of her are at war & she probably has to face it on a daily basis. Cross eyes says that she is frustrated because she is unable to resolve a situation to her satisfaction.

Do you have dark circles or bags under your eyes? Most of the time, people assume that eye bags & dark circles mean that they simply need more sleep. But in Oriental Diagnosis, there is more to the story. Because this area of the face has the highest water content, no oil glands, & where the skin is the thinnest, this area of the face is very responsive to changes in the body's water content. In Oriental Diagnosis, this area of the face corresponds with the kidneys.

The kidneys are given high esteem in Oriental Diagnosis. Traditional healers believe that the kidneys are the storehouse for the life force, also know as "ki." The kidneys are responsible for distributing the life force to the rest of the body. The kidneys are also viewed as the vaults in which your genetic lineage is stored, where the blood is purified & the waste is removed. In a symbolic way, the kidneys separate the necessary things in life from the unnecessary. Distinguishing from what is valuable & what needs to be discarded.

Dark circles tell us that our body has been drained of "ki" or the body's life force. Bags under the eyes tell us that we are consuming too much liquid. Both should tell us right away that the kidneys are being overworked, we are tired, & we need less liquid. If the eye bags are dark in color, this is a red flag that too much salt is being consumed. Too much salt is harmful to the kidneys & causes an increase in blood pressure.

Sometimes pimples can be seen beneath the eye. In Oriental Diagnosis, this is a sign that there is too much mucus within the tiny renal arteries that make up the kidney. Hard pimples or dark dots below the eye may suggest that kidney stones are present. Kidney stones are normally caused by an excessive consumption of fats & cholesterol.



The Nose...

The bridge of the nose corresponds with the spine. If the nose is turned to either side & not straight, then the spine is probably not straight either. Often the spine & the nose are bent in the same direction.

In Oriental Diagnosis, the tip of the nose is associated with the heart & the nostrils are associated with the lungs. Wide, flaring nostrils equals large lungs with great oxygen capacity. Large nostrils are also a symbol for strength & much success in life.

The lungs, like the kidneys, have multiple meanings in life. Lungs represent the body's ability to take in "ki" or life force. Small nostrils, mean small intake, which in-turn means, small output in life, as far as the ability to create, impress, & visualize. Large nostrils, of course, mean the opposite. Large intake of life force with potential to live large!



Bill's Back Page

"My Page ~ My Domain"



NC653

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