



**Happy
New Year!**

Lesser Homeopathic CAUSTICUM

If you are a Causticum, constitutionally speaking, you are an “idealist.” An idealist is defined by Dictionary.com as “*a person who cherishes or pursues high or noble principles, purposes, goals... optimist, perfectionist, visionary.*” You have a deep empathy for the suffering of others & you feel very strongly about the justice for others. There are other idealistic types, homeopathically speaking, such as: Sulphur, Staphysagria, China, & Phosphorus. However, the Causticum idealist has the two traits mentioned above ingrained in him, like no other.

Combine that with a third characteristic of Causticum, which is a “highly analytical mind” & you have a practical idealist. A practical idealist is a “doer.” He is out there trying to create the change that he wants to see in the world!

Causticums have a great interest in social issues. If he feels that someone or a group of people are being treated unfairly, he feels compelled to do something. Watching the news on television or hearing it over the radio, will often invoke strong reactions in a Causticum. He will often be the one who writes the politicians or the newspaper, trying to “right” social injustices.



Another Constitution that is similar to Causticum is the Natrum Muriaticum. Both Constitutions are campaigners, but there is one key difference. This difference is the reason behind their campaign. A Natrum Muriaticum is inspired because of personal reasons. He has suffered from the very cause that he is fighting for or against.

On the other hand, the Causticum campaigner is fighting the injustice or the infringement of personal freedoms because it simply comes natural to him. It isn't necessarily personal or because he was a victim of the very thing he is fighting against. In fact, he probably didn't have any ties to the cause until he heard about it on tv, the radio, or read about it in the newspaper or over the internet. The Causticum simply felt compelled to act because he is more universally committed than other Constitutions, to the ideals of freedom & justice

Causticums are not that common, but there is one area in which you will probably find a lot of them. This area is “investigative journalism.”

The Causticum Constitution is dedicated to the truth. His passion for “righting the wrong” in this world will often dominate his whole being. In fact, he will constantly want to talk about about politics, social injustice, & his ideas to change society. Many people find Causticums enlightened but downright boring. A Causticum will find himself being a bit of a loner because he knows he is far too intense intellectually & morally for most people.



The Causticum Constitution will be more liberal than conservative. He easily attracts other idealists, who have the same goal in mind, but need a leader for the cause. Causticums may be described as a little “fanatical.”

With this type of outlook on life, it is not surprising that this Constitution is prone to be coming jaded with the world in which he lives. Causticums will often feel a sense of hopelessness & grief when he doesn’t get the response he was hoping for or the change he wanted to see. Causticums can be a very sensitive type.

A Causticum also tends to attach their happiness to a loved one. He is a romantic & is deeply passionate about those he loves. Therefore, experiencing the loss of a loved one can send a Causticum into a state of despair, sadness, & bitterness. It is as if he can’t recover. The memory of the loved one keeps replaying in his heart & his mind. Each time being emotionally agonizing. Many times the only thing that can help a Causticum “recover” &/or “move on” is if he finds a social cause to throw himself into & refocus his tender state of mind.

Not all Causticums are political activists. Some are introverted & prefer expressing their idealism in a quieter fashion... such as writing. Introverted Causticums tend to be more prone to anxiety, too.



Another trait you will notice that is common with Causticums who tend to be more introverted is “obsessiveness.” In fact, the more introverted the Causticum Constitution is... the more obsessive he tends to be! Obsessive-compulsive disorder is a typical trait of a Causticum Constitution.

Stress will often trigger the OCD, such as constantly having to wash his hands or obsessively checking to see if he locked the doors. You will often see this trait carry over where it may not be necessarily appropriate. For example, he comes to your house for a Christmas party, but then goes around & straightens all of your pictures.

The Introverted Causticum is also kind of a “Debbie Downer.” He has this “sense of dread” that seems to follow him everywhere. He believes that something awful is going to happen & this type of anxiety usually gets worse as he gets older. Most likely, he will have a pronounced fear of death.

Because of this “impending doom,” as he ages, the Causticum Constitution may also suffer from mild paranoia & suspiciousness. He is constantly worried that someone is trying to take his money or harm him in some way. Plus, in this state-of-mind, he is easily agitated & physically, this may be reflected in trembling of the body.

Another issue that may surface as he gets older is the fear of going to sleep at night. This will especially occur after the loss of a spouse, who was a steadying influence.

The majority of the Causticums are male but there are some females in this world. A Causticum female is usually an introvert & less idealistic/analytical than the introverted Causticum male. She wears her heart on her sleeve... easily moved to tears. She bears a close resemblance to the Kali Carbonicum female, but is less rigid & formal. Overall, she is generally sensible with touch of anxiousness.

Physically speaking, Causticums tend to be described as wiry & slim. His face is angular & gaunt, almost hollow in appearance. Causticums tend to have dark hair & dark eyes. As he ages, he will develop deep facial creases & have a greyish-hue. A good example of a Causticum Constitution is... Bob Dylan. In fact, many of his songs are are typically Causticum in content.



Song: *Times They Are A’Changin*

***Come mothers & fathers throughout the land
And don’t criticize what you can’t understand
Your son’s and your daughter’s are beyond your command
And your old road is rapidly aging
Please get a new one if you can’t lend a hand
For the times they are a’ changin’***

Lil’ Facts About Causticum Homeopathic:

- * **Common Name: Potassium Hydrate**
- * **Hahnemann noted that it caused an astringent sensation & burning sensation on the back of his tongue.**
- * **Causticum Constitutions typically suffer from warts around the nails, on the eyelids, face, & nose.**
- * **Causticum Constitutions are typically described as weak, rigid-thinking people.**
- * **Symptoms Better: Cold Drinks, Warmth, From Washing**
- * **Symptoms Worse: Dry, Cold Winds; In Evening; From Exertion**
- * **One Of Only 5 Remedies Kent Lists For “Grief”**
- * **Indications: Bed-Wetting, Heartburn In Pregnancy, Laryngitis, Stress Incontinence**
- * **Strong Characteristics: Burning, Rawness, & Soreness**

Bill's Back Page

NC609 POLI-CHOL RED

120 Capsules



Red Yeast Rice is a traditional Chinese health food & medicine. It is made by fermenting “*Monascus Purpureus*,” a type of red yeast, over rice. The traditional Chinese name of rice fermented with red yeast is called “Hongqu or Koji.”

Red Yeast Rice supports the health of the GI System, Circulatory System & Cardiovascular System.* Red Yeast Rice has also been shown to support healthy cholesterol levels.* Although it was used in the Tang Dynasty in A.D.618-917, it was not introduced to the USA until the 1990s.



Policosanol is one of the most widely studied natural supplements. The name “policosanol” is a generic term for the natural extract (*mixture of fatty alcohols*) of plant waxes. Policosanol is derived from plants like sugar cane & yams.

Policosanol helps to maintain cholesterol levels that are already within normal range.* It does this by inhibiting the manufacturing of cholesterol before HMG-CoA reductase enters the metabolic pathway. HMG-CoA reductase is the rate-controlling enzyme of the “mevalonate pathway.”

The mevalonate pathway is where CoA & AcetoacetylCoA are converted to HMG-CoA, which is converted to mevalonate. Mevalonate eventually forms cholesterol. When operating properly, this is the body's way of synthesizing cholesterol, which is needed for the proper functioning of the living cell & hormones.

CHOLESTEROL ~ Two Types

LDL - Low Density Lipoprotein

LDL is the “bad” cholesterol that is the major carrier of cholesterol in the bloodstream. When there is too much LDL circulating, it can get stuck in the arteries leading to the heart & brain.

HDL - High Density Lipoprotein

HDL is the “good” cholesterol which carries blood cholesterol back to the liver where it can be broken down and passed out of the body.

WARNING:

Persons under age 20 should not be given this supplement until further information is available.

Red yeast rice should not be taken with cholesterol-lowering (statin) medications known as HMG-CoA reductase inhibitors because it may enhance the effect of these medications, thereby increasing the risk of liver damage.

Do not eat or drink grapefruit or grapefruit juice while supplementing with red yeast rice.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease. References available upon request.